

# National HealthCare Corporation 401(k) Retirement Plan

## Diversified Stocks Portfolio

### Investment Option Description

<b>Name:</b>	Stock Portfolio	<b>Portfolio Type:</b>	Equity
<b>Category:</b>	Diversified Stocks	<b>Public Availability:</b>	None. This portfolio is only available to the participants in the NHC 401(k) Plan
<b>Benchmark:</b>	Standard & Poor's 500 Index	<b>Investment Advisor:</b>	Dorian Eason Asset Management manages the investments in this portfolio for the exclusive benefit of the participants in the NHC 401(k) Plan.
<b>Objective:</b>	Growth		
<b>Investment Strategy:</b>	<p>The Stock Portfolio invests in a diversified portfolio of common stock mutual funds and other equity securities. Most participant questions center on this investment option. The Stock Portfolio of the NHC 401(k) Plan provides participants with the broad-based investment exposure most long-term stock market investors need. The portfolio includes a mix of funds from different investment disciplines: Growth, Aggressive Growth, Value, International, Global, Small Cap, Index, and others. The fund sponsors include some of the largest, best-known fund companies in the country: Fidelity, Vanguard, American Funds, American Century, and others.</p> <p>The Plan's investment adviser makes active management decisions on the allocation of the assets in the Stock Portfolio. Over the course of the market cycle, the mix of funds and fund types will change as the Plan's portfolio managers seek to manage risks for the Plan and to position the portfolio in the most attractive areas of the market. Recent allocations of assets included 13% in International &amp; Global, 47% in Large Cap and "Blue Chip" Growth, 25% in Growth, 8% in Value, 6% in Small Company funds, and &lt;1% in Cash Reserves.</p> <p>Return expectations for the Stock Portfolio are based largely on the price activity in the global equity markets. As Stock prices rise, this portfolio will exhibit rising returns. If stock prices fall, this portfolio could experience negative rates of return. By utilizing the talents and resources of the best money managers available, this portfolio seeks to achieve performance above the overall market while maintaining a lower risk profile. RISK PROFILE: Moderate to High.</p>		

### Performance

Data as of: **6/30/2024**

	<u>1 Year Return</u>	<u>5 Year Return</u>	<u>10 Year Return</u>	<u>Turnover Ratio</u>
Stock Portfolio:	21.3%	11.7%	9.8%	4%
Standar & Poor's 500 :	24.6%	15.1%	12.9%	

**Past performance does not guarantee how the investment option will perform in the future. Your investment in this option could lose money.**

**All returns represent annualized time-weighted total rates of return with all dividends reinvested.**

### Fees and Expenses

	<u>As a Percent</u>	<u>Per \$1,000</u>
Average Expense Ratio:	0.39%	\$3.86

**Restrictions:** Participants may choose to move any part or all of their retirement assets among the investment options available in the Plan on a monthly basis, without charge.

**The expenses described in this section reflect the average expenses of the securities held in this portfolio as of the most recent period. The Plan Sponsor, National HealthCare Corporation, pays the fees of the investment advisor directly. Additional expenses for administrative costs associated with the plan are paid directly by the participants.**

**The cumulative effects of fees and expenses can substantially reduce the growth of your retirement savings. Visit the Department of Labor's Web site for information about the long-term effect of fees and expenses at <https://www.dol.gov/sites/default/files/ebsa/about-ebsa/our-activities/resource-center/publications/a-look-at-401k-plan-fees.pdf>. Fees and expenses are only one of many factors to consider when you decide to invest in an option.**