

HAVE A RETIREMENT PLAN WITH A FORMER EMPLOYER?

- Simply your financial life
- Potentially lower fees
- Get advice on all assets
- Tax deferral

*Contact the NHC Benefits Hotline
for assistance 800-538-3628!*

Or follow these simple instructions to do a non-taxable rollover to your current employer's plan:

- 1.** Notify your former employer or 401(k) plan institution that you are rolling over your assets to your current employer's retirement plan.
- 2.** Complete any distribution forms required.
- 3.** Ask your former employer/institution to write your name and current employer's plan name on the check. Please use the last four digits of your Social Security number as the account number.
- 4.** Send the most recent statement and check to:

THE TRUST COMPANY OF TENNESSEE

ATTN: Retirement Plan Rollover

**4823 Old Kingston Pike, Suite 100
Knoxville, TN 37919**